



FRITTON LAKE

SCHOOL HOLIDAY ACTIVITY TIMETABLE 2026

SCHOOL HOLIDAY ACTIVITY TIMETABLE 2026										
Monday	10:00 Fritton Lake Cinema	10:00 – 11:30* Foraging Tour with Matthew		14:00-15:00* Under 10's Tennis Club with Emily			15:00 Fritton Lake Cinema		15:00-16:00* Over 10's Tennis Club with Emily	
Tuesday	10:00 Fritton Lake Cinema	09:30-10:15* Bootcamp with Nicola	10:00-11:00* 20/20/20 Dance, Legs, Core with Fiona	11:00 - 11:30* Full Body Sculpt with Fiona	13:00 – 14:30* Shelter Building with Matthew	14:00-15:00* Under 10's Tennis Club with Emily	15:00 Fritton Lake Cinema	15:00-16:00* Over 10's Tennis Club with Emily	18:00 - 20:00 Adults 18:00 – 19:00 8+ Juniors Free Life Guarded Lake Swim with Nicola	
Wednesday	10:00 Fritton Lake Cinema	09:00 – 10:00 Fritton 5k Run Club with Will	10:00 – 11:30* Foraging Tour with Matthew	10:30 – 11:30* Booty Barre with Fiona	14:00-15:00* Under 10's Tennis Club with Emily		15:00 Fritton Lake Cinema	15:00-16:00* Over 10's Tennis Club with Emily	18:00 – 19:00* Yoga with Hannah	
Thursday	10:00 Fritton Lake Cinema	09:30 – 10:30* Yoga with Sarah			09:00 – 11:00* Jeep Safari with Matthew		11:30 – 13:30* Bug Hunt with Matthew		15:00 Fritton Lake Cinema	
Friday	10:00 Fritton Lake Cinema	10:00 – 11:30* Foraging Tour with Matthew			12:30 – 14:00* Shelter Building with Matthew		15:00 Fritton Lake Cinema		16:00-17:30* Pickle Ball with Emily	
Saturday	09:00-09:45* Fascial Manoeuvrers Class with Emily		09:00 – 11:00* Jeep Safari with Matthew		10:30 – 11:30* Pilates with Fiona	10:00 -12:00* Tennis Social – Adults Only with Emily		11:30 – 13:30* Bug Hunt with Matthew		
Sunday	09:00 – 11:00 Adults 09:00 – 10:00 8+ Juniors Free Life Guarded Lake Swim with Nicola				10:00 – 11:00* Yoga with Hannah					
9:00 – DUSK Footgolf, Rowing Boats, Canoes, Kayaks, Paddleboards, Volleyball, Croquet, Pétanque, Tennis Courts, Basketball, Pickleball, Cricket, Table Tennis										

*Payable – see booking information for rates that apply to these activities. Please note that some activities may be cancelled or rescheduled if numbers are too low or if we encounter poor weather condition.