



FRITTON LAKE

SCHOOL HOLIDAY ACTIVITY TIMETABLE 2026

Monday	10:00 Fritton Lake Cinema	10:00 – 11:30* Foraging Tour with Matthew	14:00-15:00* Under 10's Tennis Club with Emily	15:00-17:00 Live Music on the Terrace	15:00 Fritton Lake Cinema	15:00-16:00* Over 10's Tennis Club with Emily			
Tuesday	10:00 Fritton Lake Cinema	10:00-11:00* 20/20/20 Dance, Legs, Core with Fiona	10:00 Walk around the lake with Zara	11:00 - 11:30* Full Body Sculpt with Fiona	13:00 – 14:30* Shelter Building with Matthew	14:00-15:00* Under 10's Tennis Club with Emily	15:00 Fritton Lake Cinema	15:00-16:00* Over 10's Tennis Club with Emily	18:00 - 20:00 Adults 18:00 – 19:00 8+ Juniors Free Life Guarded Lake Swim with Nicola
Wednesday	10:00 Fritton Lake Cinema	09:00 – 10:00 Fritton 5k Run Club with Will	10:00-12:00 Flower Arranging Workshop with Amy	10:00 – 11:30* Foraging Tour with Matthew	10:30 – 11:30* Booty Barre with Fiona	14:00-15:00* Under 10's Tennis Club with Emily	15:00 Fritton Lake Cinema	15:00-16:00* Over 10's Tennis Club with Emily	18:00 – 19:00* Yoga with Hannah
Thursday	10:00 Fritton Lake Cinema	09:30 – 10:30* Yoga with Sarah		09:00 – 11:00* Jeep Safari with Matthew		13:00 – 15:00* Bug Hunt with Matthew		15:00 Fritton Lake Cinema	
Friday	10:00 Fritton Lake Cinema	10:00 – 11:30* Foraging Tour with Matthew			12:30 – 14:00* Shelter Building with Matthew		15:00 Fritton Lake Cinema		16:00-17:30* Pickle Ball with Emily
Saturday	09:00-09:45* Fascial Manoeuvrers Class with Emily		09:00 – 11:00* Jeep Safari with Matthew		10:30 – 11:30* Pilates with Fiona		10:00 -12:00* Tennis Social – Adults Only with Emily		13:00 – 15:00* Bug Hunt with Matthew
Sunday	09:00 – 11:00 Adults 09:00 – 10:00 8+ Juniors Free Life Guarded Lake Swim with Nicola				10:00 – 11:00* Yoga with Hannah				
9:00 – DUSK Footgolf, Rowing Boats, Canoes, Kayaks, Paddleboards, Volleyball, Croquet, Pétanque, Tennis Courts, Basketball, Pickleball, Cricket, Table Tennis									

*Payable – see booking information for rates that apply to these activities. Please note that some activities may be cancelled or rescheduled if numbers are too low or if we encounter poor weather condition.