



FRITTON LAKE

**SCHOOL HOLIDAY ACTIVITY TIMETABLE 2026**

<b>Monday</b>	<b>10:00</b> Fritton Lake Cinema	<b>10:00 – 11:30*</b> Foraging Tour	<b>14:00-15:00*</b> Under 10's Tennis Club		<b>15:00</b> Fritton Lake Cinema	<b>15:00-16:00*</b> Over 10's Tennis Club		
<b>Tuesday</b>	<b>10:00</b> Fritton Lake Cinema	<b>10:00 – 11:00*</b> 20/20/20 Dance, Legs, Core	<b>11:00 - 11:30*</b> Full Body Sculpt	<b>13:00 – 14:30*</b> Shelter Building	<b>14:00-15:00*</b> Under 10's Tennis Club	<b>15:00</b> Fritton Lake Cinema	<b>15:00-16:00*</b> Over 10's Tennis Club	
<b>Wednesday</b>	<b>10:00</b> Fritton Lake Cinema	<b>09:00 – 10:00</b> Fritton 5k Run Club	<b>10:00 – 11:30*</b> Foraging Tour	<b>10:30 – 11:30*</b> Booty Barre	<b>14:00-15:00*</b> Under 10's Tennis Club	<b>15:00</b> Fritton Lake Cinema	<b>15:00-16:00*</b> Over 10's Tennis Club	<b>18:00 – 19:00*</b> Yoga
<b>Thursday</b>	<b>10:00</b> Fritton Lake Cinema	<b>09:00 -11:00*</b> Tennis Social – Adults Only	<b>09:30 – 10:30*</b> Yoga	<b>09:00 – 11:00*</b> Jeep Safari		<b>13:00 – 15:00*</b> Bug Hunt		<b>15:00</b> Fritton Lake Cinema
<b>Friday</b>	<b>10:00</b> Fritton Lake Cinema	<b>10:00 – 11:30*</b> Foraging Tour		<b>12:30 – 14:00*</b> Shelter Building		<b>14:00 – 16:00*</b> Multi Sports Drop Off Club		<b>15:00</b> Fritton Lake Cinema
<b>Saturday</b>	<b>09:00-09:45</b> Fascial Manoeuvrers Class*	<b>09:00 – 10:00</b> Fritton 5k Run Club	<b>09:00 – 11:00*</b> Jeep Safari	<b>10:30 – 11:30*</b> Pilates	<b>10:00 -12:00*</b> Tennis Social – Adults Only	<b>13:00 – 15:00*</b> Bug Hunt	<b>15:30 – 17:00*</b> Tennis for Beginners	
<b>Sunday</b>	<b>10:00 – 11:00*</b> Yoga				<b>11:00 - 12:00</b> Family Football			
<b>9:00 – DUSK</b> Footgolf, Rowing Boats, Canoes, Kayaks, Paddleboards, Volleyball, Croquet, Pétanque, Tennis Courts, Basketball, Pickleball, Cricket, Table Tennis								

*\*Payable – see booking information for rates that apply to these activities. Please note that some activities may be cancelled or rescheduled if numbers are too low or if we encounter poor weather condition.*