



FRITTON LAKE

OCTOBER HALF-TERM & CHRISTMAS HOLIDAY ACTIVITY TIMETABLE 2025												
Monday-Sunday	09:00 – Dusk Footgolf, Rowing Boats, Canoes, Kayaks, Volleyball, Croquet, Pétanque, Tennis				09:00 – Dusk Multi-sport area – Basketball, Pickleball, Spike ball, Cricket							
Monday	08:30-12:00* Kids Club	10:00 – 11:30* Foraging Tour			13:00-16:30* Kids Club							
Tuesday	08:30-12:00* Kids Club	10:00 – 11:00* 20/20/20 Dance, Legs, Core		11:00 - 11:30* Full Body Sculpt	13:00-16:30* Kids Club		13:00 – 14:30* Shelter Building	14:00-15:00 Under 10s / 15:00-16:00 Over 10's* Junior Tennis Club				
Wednesday	08:30-12:00* Kids Club	09:00 – 10:00 Fritton 5k Run Club		10:30 – 11:30 Booty Barre		13:00 – 14:30* Lake Safari		13:00-16:30* Kids Club	14:00-15:00 Under 10s / 15:00-16:00 Over 10's* Junior Tennis Club	15:00 – 17:00* Open Water Swimming Club (18+)		
Thursday	08:30-12:00* Kids Club		09:30 – 10:30* Yoga		9:00 – 11:00* Thursday Tennis Club – Adults only		9:00 – 11:00* Jeep Safari		13:00-16:30* Kids Club		13:00-15:00* Bug Hunt*	14:00-15:00 Under 10s / 15:00-16:00 Over 10's* Junior Tennis Club
Friday	08:30-12:00* Kids Club		10:00 – 11:30* Foraging Tour		12:30 – 14:00* Shelter Building				13:00-16:30* Kids Club			
Saturday	09:00 –11:00* Jeep Safari		09:00 – 10:00 Fritton 5k Run Club		10:00 -12:00* Open Water Swimming Club (18+)		10:30 – 11:30* Pilates		10:00 -14:00* Saturday Tennis Club – Adults only		13:00 – 15:00* Bug Hunt	
Sunday	10:00 – 11:00* Yoga				11:00 – 12:00 Family Football							

* Several activities have a cut off period for booking. We advise you to book activities at least 48 hours before arrival to avoid disappointment.

Payable – see booking information for rates that apply to these activities. Please note that some activities may be cancelled or rescheduled if numbers are too low or if we encounter poor weather conditions