



FRITTON LAKE

*\*Payable – see booking information for rates that apply to these activities. Please note that some activities may be cancelled or rescheduled if numbers are too low or if we encounter poor weather conditions\**

OCTOBER HALF-TERM ACTIVITY TIMETABLE 2024								
Monday-Sunday	<b>09:00 – Dusk</b> Footgolf, Rowing Boats, Canoes, Kayaks, Volleyball, Croquet, Pétanque, Tennis				<b>09:00 – Dusk</b> <b>Multi-sport area</b> – Basketball, Pickleball, Spike ball, Cricket			
	<b>09:30 &amp; 15:00 Sunday to Friday and 12:00 &amp; 15:00 Saturdays</b> Water Sports Proficiency Test - minimum age18+				<b>10:00 &amp; 15:30 Sunday to Friday and 12:30 &amp; 15:30 Saturdays</b> Lake Swim Proficiency Test - minimum age18+			
Monday	<b>09:00-10:00 Under 10s / 10:00-11:00 Over 10's</b> Junior Tennis Club		<b>10:00 – 11:30</b> Foraging Tour		<b>10.30 – 11:30*</b> Beginner paddleboarding lessons - minimum age18+		<b>13:00 – 14:30</b> Lake Safari	
Tuesday	<b>9:00 – 11:00</b> Jeep Safari	<b>10:00 – 11:00*</b> 20/20/20 Dance, Legs, Core	<b>11:00 - 11:30*</b> Full Body Sculpt		<b>13:00 – 14:30</b> Shelter Building	<b>14:00-16:00*</b> Group Giant Paddle Board - minimum age18+	<b>16:00 – 17:00</b> Family Rounders	
Wednesday	<b>09:00 – 10:00</b> Fritton 5k Run Club	<b>09:00-10:00 Under 10s / 10:00-11:00 Over 10's</b> Junior Tennis Club		<b>10:00 – 11:30</b> Foraging Tour	<b>10:30 – 11:30*</b> Booty Barre	<b>13:00 – 14:30</b> Lake Safari	<b>15:00 – 17:00</b> Open Water Swimming Club (18+)	
Thursday	<b>09:30 – 10:30*</b> Yoga		<b>9:00 – 11:00</b> Thursday Tennis Club – Adults only		<b>9:00 – 11:00</b> Jeep Safari	<b>10:00 – 12:00*</b> Group Giant Paddle Board - minimum age18+		<b>14:00 – 15:00</b> Family Basketball
Friday	<b>10:00 – 11:30</b> Foraging Tour		<b>12:00-14:00*</b> Group Giant Paddle Board - minimum age18+			<b>12:30 – 14:00</b> Shelter Building		<b>14:00 – 15:00</b> Family Football
Saturday	<b>09:00 – 11:00*</b> Jeep Safari	<b>09:30 – 10:15*</b> Aquacise	<b>10:00 -12:00</b> Open Water Swimming Club (18+)	<b>10:30 – 11:30*</b> Pilates	<b>10:00 -14:00*</b> Saturday Tennis Club – Adults only	<b>11:00 – 12:00</b> Fritton 5k Run Club	<b>12:00-14:00*</b> Group Giant Paddle Board minimum age18+	<b>13:00 – 15:00</b> Jeep Safari
Sunday	<b>10:00 – 11:00*</b> Yoga				<b>11:00 – 12:00</b> Family Football			
<b>Holistic &amp; Massage Treatments</b>	<b>11:00 – 17:00</b> Wednesdays			<b>11:00 – 17:00</b> Fridays			<b>11:00 – 17:00</b> Sundays	