



FRITTON LAKE

EASTER ACTIVITY TIMETABLE 2024 : 25th March – 14th April

Monday-Sunday	09:00 – 15:00 Rowing Boats, Canoes, Kayaks				9:00 – 18:00 Footgolf			
Monday	10:00 – 10.45 Family Bootcamp (8+)		11:00 – 12:00 Lifeguarded Family Lake Swimming (8+)		14:00 - 16:00 Junior Tennis Club		19:00 – 20:00 Dance Master Class <i>(New for 2024)</i> Adults only	
Tuesday	7:00 – 9:00 Open Water Swimming Club (13+)		09:00 – 09:45 Beginner paddleboarding lessons		10:00 – 11:00 Dance Fit	11:00 - 11:30 Full Body Sculpt		14:00-16:00 Paddle Board Safari <i>(New for 2024)</i>
Wednesday	9:00 – 10:00 Fritton 5k Run Club	10:30 – 11:30 Booty Barre	10:00 – 11:30 Foraging Tour	13:00 – 14:30 Lake Safari	14:00 – 15:00 Lifeguarded Family Lake Swimming (8+)		16:00 – 18:00 Open Water Swimming Club (13+)	
Thursday	9:30 – 10.30 Yoga		10:00 – 12:00 Junior Tennis Club			14:00 – 16:00 Family Rounders		
Friday	10:00 – 12:00 Lifeguarded Family Lake Swimming (8+ - wetsuit needed)			12:30 – 14:00 Shelter Building			14:00 – 16:00 Family Football	
Saturday	9:00 – 13:00 Jeep Safari	9:30 – 10:15 Aquacise	10:00 -13:00 Open Water Swimming Club (13+)	10:30 – 11:30 Pilates	10:00 -14:00 Saturday Tennis Club – Adults only	11:00 – 12:00 Fritton 5k Run Club	13:00 – 14:00 Lifeguarded Family Lake Swimming (8+)	14:00 – 14:45 Beginner paddleboarding lessons (8+)
Sunday	10:00 – 11:00 Yoga			11:00 – 12:00 Family Football			14:00-15:00 Family Beach Volleyball	