

FROM FRITTON LAKE





Once you have sampled Fritton Lake's extensive list of activities, unspoilt sustainable wildland and unrivalled seasonal food, you may want to explore the best our beautiful region has to offer.

This guide is designed to be your starting point. Enjoy!





FAMILY ENTERTAINMENT

Great Yarmouth has everything you need for a fun family day out – enjoy acres of smooth sands, or walk along the Golden Mile that's bookended with two traditional amusement parks - Joyland at one end is perfect for younger families, while at the southern extreme is the Pleasure Beach for those who like their thrills higher and faster. In-between are dozens of restaurants, amusements and other attractions, and during the summer the skies light up with weekly firework displays.

Just off the seafront is the iconic Hippodrome Circus, the only remaining purpose-built circus building in the country. International performers entertain packed houses here every summer and during the school holidays. And in Suffolk, delighted children get lost for hours in Southwold's Maize Maze.

Inland you'll find Bewilderwood, an enchanted kingdom set in acres of Norfolk woodland, while close to Norwich is Roarr! Dinosaur Adventure Park, where prehistoric giants can be found amongst adventure play areas, splash pads, zip lines and more.



BEACHES

This part of the world has some of the best beaches in the country. A short drive from Fritton Lake takes you to Southwold, a classic British seaside town with its quirky pier and gentle promenade. Livelier times can be found at Great Yarmouth along its famous Golden Mile, while the quiet and the calm of beaches such as Winterton, Covehithe and Kessingland are perfect for those who enjoy a reflective seaside stroll.



MUSEUMS

East Anglia is steeped in history, with the first human settlers to this isle thought to have come ashore not too far from Fritton. Museums such as the Great Yarmouth Time and Tide Museum, Norwich Castle Museum and Art Gallery, and Strangers Hall in Norwich tell the story of life in East Anglia through the centuries. You can find vehicular history at East Anglian Transport Museum in Lowestoft, or take a ride back to the golden age of steam at Bressingham Steam Museum, set on the Norfolk/Suffolk border.



CULTURE

East Anglia has always been an inspiration for artists and is now home to some internationally renowned venues. The architecturally stunning Sainsbury Centre for Visual Arts in Norwich, designed by Sir Norman Foster, holds an eclectic collection of sculptures, paintings, ceramics and other objects including works by Picasso, Degas and Bacon. Over on the Suffolk coast is world famous Snape Maltings, which hosts performances by acclaimed musicians from across the globe every year in events such as the Snape Proms and the Aldeburgh Festival.

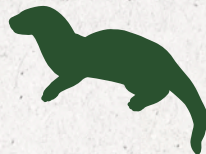
Fancy taking in a film? You'll find three cinemas within ten miles of Fritton: the Palace Cinema in Gorleston, East Coast Cinema in Lowestoft and Arc Cinema in Great Yarmouth. Norwich has an Odeon and a Vue for the latest blockbusters, and for a more arthouse bill try Cinema City, perhaps the only cinema in the country set in a Grade I listed building.

The Norwich Theatre Royal is the largest theatre in East Anglia, and draws the top productions and performers in the country, from Shakespeare to stand-up. Close by is the Norwich Playhouse, a more intimate venue that hosts an incredible range of different shows and performers.



NATURE & RESERVES

Our rural location is a nature-lover's paradise. There are a dozen RSPB reserves in the area, including the internationally significant Minsmere reserve on the Suffolk coast, and Berney Marshes which welcomes over 60,000 migrating birds every year. The marshes at Buckenham, Carlton Colville and North Cove are great places to see an astonishing diversity of plant life, birds of prey, rare insects and other creatures that make these peaceful sites their home, while the beach at Horsey is the place to go to see hundreds of grey seals from November until the end of January.



HISTORIC BUILDINGS & GARDENS

At Fritton we are lucky enough to have the spectacular Somerleyton Hall on our doorstep. This stunning Grade II listed Jacobean Manor House is surrounded by acres of beautifully sculpted grounds, and even includes its own maze. Blickling Hall is another Jacobean mansion, and is famous for hosting spectacular concerts and open-air theatre on its estate. Less ornate, but just as fascinating are the castles of Norfolk and Suffolk; see the Roman remains of Burgh Castle, walk the ramparts of Norwich Castle, or climb to the top of Orford Castle and look out across the North Sea to try and spot Viking raiders.





SPORT

In addition to everything Fritton Lake offers you on site, there are plenty of ways to get active in the local area. Get on the water with surfing in Southwold, kitesurfing at Lowestoft or windsurfing on Hickling Broad. Highball in Norwich allows you to stretch your climbing muscles, while Norwich Snow Sports is the place to ski, snowboard or tube it down the slopes. If you fancy spoiling a good walk then the Bungay and Waveney Golf Club offers you a par 69 parkland course, or you can have a true links experience at the par 71 Gorleston-on-Sea Golf Club, the most easterly in the country. Prefer to hack on a horse rather than round a golf course? You can ride through some of the Waveney Valley at Annabelle's Equestrian, or canter along the beach with Pakefield Riding School. Meanwhile polo players can enjoy a chukka in the stunning surroundings of Langley Abbey in Norfolk.



DAY BOATS

Life flows past at a slower pace when you while away the day navigating the waters of the Norfolk Broads. You can hire your craft at Bridge Stores in neighboring St Olaves, or head further inland and explore the northern arm of Broads. Wherever you choose to cast-off, you'll find peace and tranquility amongst the reed-beds and wildlife of this National Park.



WINE TOURS & TASTINGS

Discover why the vineyards of Suffolk and Norfolk grow in prestige every year, by taking a trip to Valley Farm, Chet Valley or Flint Vineyard where you can tour, taste and get tips on wine pairing. Another locally produced tittle with international appeal is Adnams beer, and it's easy to get to Southwold and take their brewery tour. Not a bitter person? You can take a tour of their distillery instead to see how they create their international award-winning gin and vodka, or even try your hand at making your own.



MORE PLACES WORTH A GOOGLE

CULTURE

Sainsbury Centre for Visual Arts, Norwich
Snape Maltings
Theatre Royal, Norwich
Playhouse, Norwich
Palace Cinema, Gorleston
East Coast Cinema, Lowestoft
Arc Cinema, Great Yarmouth
Cinema City, Norwich
Odeon, Norwich



FAMILY ENTERTAINMENT

Great Yarmouth Hippodrome Circus
Pleasurewood Hills
Bewilderwood
Roarr! Dinosaur Adventure Park
Southwold Maize Maze



NATURE RESERVES

RSPB Minsmere
Berney Marshes
Carlton Marshes
Orford Ness National Nature Reserve
Dunwich Heath and Beach
Snape Nature Reserve

BEACHES

Southwold
Great Yarmouth
Winterton
Covehithe



HISTORIC BUILDINGS & GARDENS

Somerleyton Hall
Norwich Castle Museum and Art Gallery
Blickling Estate
Burgh Castle
Orford Castle
Berney Arms Windmill
Great Yarmouth Row Houses and Cloisters
Caister Roman Fort
Framlingham Castle
Leiston Abbey
Felbrigg Hall
Helmingham Hall
Darrow Wood
Fairhaven Woodland and Water Gardens,
South Walsham



WINE TOURS & TASTINGS

Chet Valley Vineyard
Flint Vineyard
Valley Farm Vineyard
Adnams Tours

MUSEUMS

Horsey Windpump
Southwold Museum
Elizabethan House Museum
Time and Tide Museum



DAY BOATS

Bridge Stores, St Olaves
Richardson's Boating Holidays, Stalham



SPORT

Highball Indoor Climbing, Norwich
Kitesurfing, Lowestoft
Surfing, Southwold
Windsurfing, Hickling Broad
Horse Riding, Pakefield
Gorleston Golf Club
Bungay and Waveney Golf Club
Aldeburgh Golf Club
Caldecott Hall Golf Club



BEST INDEPENDENT SHOPS & EATERIES

Beccles
Bungay
Norwich
Southwold



FRITTON LAKE

Fritton Lake is a family run private holiday club in the heart of a pioneering thousand-acre rewilding project. It's home to a two-mile long lake, beautiful wildlife and luxury cabin retreats. Join us for adventures in nature including wild swimming, trail running, yoga, great local food and a positive life-changing impact on our environment.

Beccles Road, Fritton, Great Yarmouth, Norfolk, NR31 9HA

bookingsteam@frittonlake.co.uk

01493 484008